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EXPEDITION : BAJA PACKING LIST

Please pack your things in a **carry on** size suitcase. At times, space is limited or it has to be put on top of a van or in a van and smaller suitcases are much easier to handle.

- **General** – Towel for showering (hand towel and washcloth if you want), Sunscreen, Spending money (see "currency" section for guidelines), toilet paper (for times away from the base), a backpack (normal kind), a water bottle (you will refill with purified water), toiletries (toothpaste, shampoo, etc) a package of wet wipes and hand sanitizer for the job site and "optional" ear plugs (for sleeping), light shorts/t-shirt to sleep in, sweatshirt or light jacket, you can bring some snacks if you want.
- **1 nice outfit:** for the final dinner on Friday night
- **For the beach** - Sunscreen, beach towel, sandals, a modest swimsuit (this is a humanitarian trip), sunglasses
- **For work** - More sunscreen, a hammer, work shoes (boots or sturdy sport/tennis shoes), gloves, work clothes (you will get dirty), a hat (something with a wide brim is recommended), painting clothes that can get "ruined." Please bring long (in length, not long sleeved) shirts for the work site that don't bare your midriff when you bend over, shorts for the work site should be at least mid-thigh, tank tops should be modest - the Mexican people are very modest. We don't want to be a freak show.
- **Do not bring:** Any illegal substance. Non-prescribed pharmaceuticals, illegal drugs, or firearms of any kind. These are illegal in Mexico and are punishable by Mexican law which provides for serious consequences. Alcohol, fireworks and other potentially dangerous items are not allowed on the expedition.